

Our Latest & Greatest Product Offerings

FRESH PRODUCE IS BACK AT RELIANT FOODSERVICE!

Yes...Fresh Produce has made it's arrival back at Reliant. We are happy to have brought back fresh fruits and veggies for our valued customers. As you know, produce is a commodity that can have weekly price changes up and down. To make sure you keep on top of these changes, please log on to our website to get current prices and to view all that is offered.

Fresh is the name of the game at Reliant and because of this, we do have an order deadline. This deadline is at 11:00am for all produce to be delivered next day. Enjoy harvesting through the Produce Patch at Reliant Foodservice!



MAKAI FRUITS BRINGS THE EXOTIC AMAZON FLAVOR!

We invite you to take a journey through the Amazonian Rainforests, meet some of the local people and share their love of the imposing natural habitat and the life-sustaining exotic fruits that can be found there.

In our quest to bring you premium and certified organic quality fruits such as açaí, acerola, and graviola; we have made a commitment to the local communities to preserve their way of life and sustain it for generations to come.



Our business is to serve our wholesale, food service, and retail customers while serving the planet and preserving it's natural wonders. Everything mankind needs for life can be found in the Rainforest. We cannot take without giving back.

THE WARRIOR WAY...HEALTH WARRIOR



Five centuries after the Aztec Warriors built an empire on the power of Chia, we learned about the benefits of Chia while reading the best-selling book *Born to Run*, about the Tarahumara Indians and their jaw-dropping long-distance runs. The Tarahumara, like the Aztecs before them, are Powered by Chia.

We looked into it further, and were floored by what we found. Turns out Chia is one of the most nutrient-dense foods on the planet.

We started eating Chia every day, on everything. Suddenly we were working out harder, lifting heavier, feeling stronger, and running farther, faster. With that, Health Warrior was born.

Health Warrior is dedicated to vetting the world's growers for the highest quality Chia and helping people conquer the many challenges of their everyday lives.



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TOSI INTRODUCES 4 EXCITING NEW SUPERBITES!



Tosi Super Bites has added fuel to their fire. With two amazing Super Bites Bars exploding onto the scene almost two years ago, they have now added four more flavors to the line up. Blueberry Almond and Blueberry Cashew has that same crispy crunch that you've enjoyed but now with a light blueberry flavor and loaded with Antioxidants.



For you coffee lovers, the Cappuccino Crunch will satisfy your craving for that Cup O' Joe that you must have in the morning. Made with fresh ground espresso beans, the flavor will explode with that first bite! We are happy to offer all six flavors here at Reliant Foodservice.

PRODUCTS AVAILABLE AND SHIPPING NOW

- #6324 PALEO HERO, PRIMAL GRANOLA 12/340G BAGS
- #6325 PALEO HERO, PRIMAL MUESLI GRANOLA (BULK) 20LB.
- #6326 PALEO HERO BARS, PRIMAL SNACKS SLICE COCONUT BERRY, 12CT.
- #6327 PALEO HERO BARS, PRIMAL SLICE NUT CRUNCH, 12CT.

- #7742 WAIAKEA HAWAIIAN VOLCANIC WATER, 12/1LTR BOTTLES
- #7743 WAIAKEA HAWAIIAN VOLCANIC WATER, 24/500ML BOTTLES

- #32260 POPEYE BRUISER BLACKBERRY ENERGY DRINK, 12/16 OZ.
- #32261 POPEYE CLOBBERIN' CLEMENTINE ENERGY DRINK, 12/16 OZ.
- #32262 POPEYE ANCHORIN' APPLE ENERGY DRINK, 12/16 OZ.
- #32263 POPEYE LOW ME DOWN LEMON MINT ENERGY DRINK, SUGAR-FREE, 12/16 OZ

- #4765 EPIC SEED BLUBERRY YOGURT + CHIA , 12CT
- #4766 EPIC SEED STRAWBERRY YOGURT + CHIA , 12CT



GREEK YOGURT + CHIA

The story behind The **Epic Seed** is a simple and organic one. It started out of a habit. We began sprinkling chia seeds on lots of things, once the chia buzz began. One of those things was our morning bowl of yogurt. It was the perfect supplement to an already great breakfast.

It was quick, convenient, delicious and relatively inexpensive for a complete breakfast AND it was absolutely supremely healthy.

It quickly became our easy go-to breakfast. But it wasn't always perfect - fruit and yogurt would spoil and our bag of chia wouldn't last forever. We wanted to bring all of the pieces together into one perfect cup. It was at that moment that The Epic Seed was created. We set out to make exactly what we had grown to love a perfect combination of Greek Yogurt, fruit and chia.



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“NO SODA IN THE HOUSE”

My Mom was a little crazy about soda growing up, and frankly, about any food that wasn't raised by a local farm/cider house/butcher. I distinctly remember deliveries of 5 gallon milk containers, still warm, from which we would skim the top cream and later use to make butter.

Spindrifit was founded in 2010 by Bill Creelman, with the mission of turning whole, fresh ingredients into great tasting soda. The fruit of his labor is an incredibly fresh, natural and deliciously different line of beverages that are free of artificial sweeteners, juice from concentrate, preservatives and artificial colors. Visit us at www.spindrifitfresh.com to learn more about our product and mission.



MARIFIT PROTEIN POPPERS ARE TRULY AMAZING!



My name is Mariko Crane and I have been in the fitness industry for over twelve years. I have always had a passion for good health through diet and exercise. Through my experiences, good and bad, I have always been amazed at the bodies ability to heal itself when given a balance of good nutrition, rest, and exercise. The best way to replenish your body is eating wholesome, minimally processed foods that your body can accept and utilize quickly.

I started the concept of Protein Poppers because I needed quick energy and nutrition that was not fattening or full of sugar. Actually, I should say that my mom helped me start this concept. When

I was a little girl, and studying ballet, my mom used to send me to my dance class with "peanut butter" balls to get me through my routines. I remember snacking on them before and after my classes. Later on in life, when I realized I needed something I could eat before or after a workout that would aid in muscle recovery and fuel new workouts, I went back to my mom's old recipe and modified it into what it is today. Now I have, what I believe, is the perfect pre and post workout snack. I hope you like them as much as I do.



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A BUBBLY PROBIOTIC TEA

Health-Ade was founded by a husband, wife, and best friend all looking to make the best tasting & highest quality Kombucha you can buy and find ways to pioneer the scaling of this very natural process without succumbing to market pressures or compromised quality.

Health-Ade is Superior

Hand-crafted the "old-fashioned way"--the way nature intended--Health-Ade does everything possible to guarantee the best brew out there, including (but not limited to): produce in an all-glass process to ensure no plastic/metal leaching, ferment in super-small batches (2.5 gallons!) to allow for premium control over quality, and flavor only with raw cold-pressed juice from organic produce. We never come close to using fake fermentation agents, flavorings, or chemicals, and rely heavily on nature, not dollars, to decide when the product is ready.



Non-GMO project verified, and certified organic, kosher, vegan, and gluten-free, Health-Ade heavily supports the REAL FOOD movement in their local communities, and is actively expanding their reach to become a valuable national brand. There are 7 flavors now available at Reliant Foodservice!

GELATO...OH SO ITALIANO!

Dannon® YoCream® proudly introduces a new category of frozen desserts —Italian style, soft serve gelato!

Your customers will love the rich flavor and dense texture of our gelato made with 7% butterfat—it's 3X as creamy as our Low fat frozen yogurt category.

The Gelato category launches with three delicious, traditional Italian gelato flavors: Hazelnut (#11171), Pistachio (#11173) and Chocolate (#11172), all bursting with exotic taste and true decadence your patrons will crave!

Start by using one machine for your gelato offerings. Dedicate one handle to Chocolate and rotate Pistachio and Hazelnut in the other handle. Be sure to use a fun, creative name for the middle

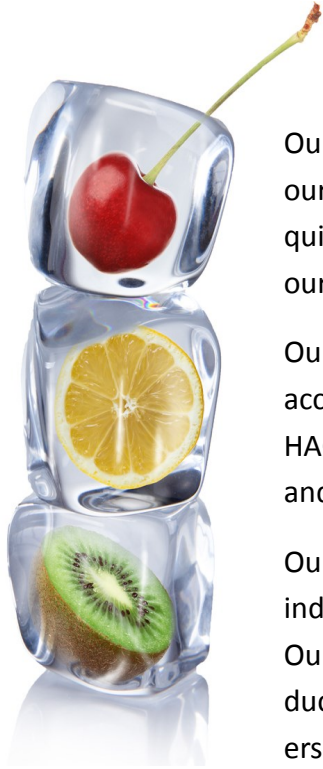
In addition to providing FREE posters and flavor strips, Dannon YoCream is helping you create an exciting in-store experience for your customers with Italian-inspired stickers!

Get with the Dannon YoCream gelato program today to help make your shop the go-to destination for an exotic Italian experience.



\$3.00 off each case for the months of November & December!

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BULK FROZEN FRUIT...ORGANIC STYLE!

Our frozen Organic IQF is guaranteed to meet or exceed all our customers' expectations and any issues are dealt with quickly and professionally. We will accept nothing less than our customers' 100% satisfaction.

Our fruit is prepared under strict sanitary conditions in accordance with Good Manufacturing Practices at our HACCP, Kosher and 3rd party-audited facilities. All deliveries meet all applicable USDA and FDA regulations.

Our inspection and documentation process is of the highest standard available in the industry today, enabling full compliance with our customers' specific requirements. Our SQF certified Quality Assurance department provides a complete analysis of production along with micro-biological, physical and chemical inspections for our customers. Our QA team conducts continuous inspection and deliver a "passport" detailing the production from beginning to end for all customer orders



Eat Raw, Eat Pitaya!

Pitaya Plus smoothie packs are 100% Raw, Organic, Non-GMO Verified and have only 1 ingredient. We don't pasteurize, add preservatives or add sugar like other superfruit companies. Why? Eating RAW and clean is an essential part of a healthy diet. Aiding digestion, strengthening the immune system, and increasing energy are just a few of the benefits.



PITAYA PLUS

Healthy Has A New **Color!**

www.PitayaPlus.com